### Week one

Warwickshire Coventry: 05/05 02/06 23/06 14/07 08/09 29/09 20/10 Oxfordshire: 05/05, 02/06, 23/06, 14/07, 08/09, 29/09, 20/10

Choose a main meal

Melting Pork Meathall Pasta Bake with Cheese served with Crusty Bread (G.D)

(v)(h) Vegetable Enchilada (Wrap filled with vegetables, sprinkled with cheese) served with Herby Diced Potatoes (G.D)

Jacket Potato - (v) Cheese (D). Tuna (F.E) or (vg) Baked Beans

(v) Cheddar Cheese Bap (G.D)

Choose a main meal...

(h) Chicken Curry (mildly spiced) served with

(v) Cheese and Tomato Pizza Wedge served with Potato Wedges (G.D)

Jacket Potato + (v) Cheese (D). Tuna (F.E) or (vg) Baked Beans

Tuna Mayonnaise Bap (F.E.G)

Choose a main meal... WEDNESDAY ROAST British Roast Reef, with Traditional Yorkshire Pudding and Gravy (D.E.G)

(vg) Classic Quorn Roast in Gravy with (v) Yorkshire Pudding (D.E.G.) Crispy Roast Potatoes

Jacket Potato - (v) Cheese (D). Tuna (F.E) or (vg) Baked Beans British Roast Chicken Bap (G)

Choose a main meal...

(vg) Crispy Quorn Dippers in a Wrap with Tomato Salsa served with Crispy Diced Potatoes (G)

(v)(h) Cheese and Potato Pasty served with Crispy Diced Potatoes (G.D.E)

Jacket Potato - (v) Cheese (D) or (vg) Baked Beans

(v) Egg Mayonnaise Bap (G.E)

Choose a main meal... FISHY FRIDAY (msc) Battered Fish Fillet (G.F) served with Chipped Potatoes

(v)(h) Texan Sausage & Bean Bake (with Baked Beans) served with Garlic bread Roll (G.D)

Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans British Ham Bap (G)

### MONDAY

On the side

Fresh Salad Bar Vegetables of the Day

For dessert...

(v)(h) 'School Favourite' Sprinkles Sponge Cake (G.E.) (v) Yoghurt (D SB)

#### TUESDAY

On the side

Fresh Fruit

Fresh Salad Bar Vegetables of the Day

For dessert...

(v)(h) Chocolate Cracknel (G) (v) Yoghurt (D.SB) Fresh Fruit

#### WEDNESDAY

On the side...

Fresh Salad Bar Vegetables of the Day

For dessert

(v)(h) Raspberry & Apple Sponge with Custard (D.G.F.) (v) Yoghurt (D.SB) Fresh Fruit

### **THURSDAY**

On the side...

Fresh Salad Bar Vegetables of the Day

For dessert...

(v)(h) Melting Moment Biscuit (G.SU) (v) Yoghurt (D.SB) Fresh Fruit

FRIDAY

On the side... Fresh Salad Bar Peas or Baked Beans

For dessert... (vg) Jelly with Fruit (v) Yoghurt (D.SB) Fresh Fruit

Weekly Menu

Warwickshire Coventry: 12/05 09/06 30/06 15/09 06/10 Oxfordshire: 21/04, 12/05, 09/06, 30/06, 21/07, 15/09, 06/10

Choose a main meal

STORY

(h) Moroccan Chicken Pasta (Mildly Spiced) served with Freshly Baked Malted Wheat On the side... Baquette (G)

(vg) Breaded Golden Vegetable Fingers served with Crispy Diced Potatoes (G)

Jacket Potato - (v) Cheese (D) Tuna (F.E) or (vg) Baked Beans Tuna Mayonnaise Bap (F,E,G)

Choose a main meal

(v)(h) Rustic Pizza Wedge served with Crispy Diced Potatoes (G.D.SB)

(v)(h) Roasted Vegetable Frittata (omelette) served with Crispy Diced Potatoes (D.E)

Jacket Potato - (v) Cheese (D) or (vg) Baked Beans

(v) Cheddar Cheese Bap (G.D)

Choose a main meal... WEDNESDAY ROAS British Roast Chicken Fillet, Sage and Onion Stuffing and Gravy (G)

(vg) Classic Quorn Roast in Gravy with Sage and Onion Stuffing (G) Crispy Roast Potatoes

Jacket Potato - (v) Cheese (D). Tuna (F.E) or (vg) Baked Beans

v) Egg Mayonnaise Bap (G.E)

Choose a main meal...

British Pork Sausages served with Mashed Potatoes (G.SU.SB.D)

(v) Sweet 'n' Sour Quorn served with Rice (E)

Jacket Potato - (v) Cheese (D). Tuna (F.E) or (vg) Baked Beans

British Roast Chicken Bap (G)

Choose a main meal... FISHY FRIDAY (msc) Salmon Fish Cake served with Chipped Potatoes (G.F)

(vg) ) Plant power Burger in a Bun served with Chipped Potatoes (G)

Jacket Potato - (v) Cheese (D). Tuna (F.E) or (vg) Baked Beans MONDAY

Fresh Salad Bar Vegetables of the Day

For dessert...

(vg)(h) Flapiack (G) (v) Yoghurt (D.SB) Fresh Fruit

TUESDAY

On the side Fresh Salad Bar Vegetables of the Day

For dessert...

(vg)(h) Shortbread (G) (v) Yoghurt (D.SB) Fresh Fruit

### WEDNESDAY

On the side...

Fresh Salad Bar Vegetables of the Day

For dessert...

(v) Ice Cream (D) (v) Yoghurt (D.SB) Fresh Fruit

**THURSDAY** 

On the side...

Fresh Salad Bar Vegetables of the Day

For dessert...

(v)(h) Peach Melba Sponge (G.E) (v) Yoghurt (D.SB) Fresh Fruit

FRIDAY

On the side... Fresh Salad Bar Peas or Baked Beans

For dessert...

(vg) Jelly with Fruit (v) Yoghurt (D.SB) Fresh Fruit

Week three

Warwickshire Coventry: 28/04 19/05 16/06 07/07 01/09 22/09 13/10 Oxfordshire: 28/04, 19/05, 16/06, 07/07, 01/09, 22/09, 13/10

Choose a main meal

(v) Cheese and Tomato Pizza Wedge served with Seasoned Potato Wedges

(vg)(h) Quorn and Bean Tostada (Toasted Tortilla topped with Quorn Pieces and Kidney beans mildly spiced) served with Seasoned Potato Wedges (G)

Jacket Potato - (vg) Cheese (D) or (vg) Baked Beans

(v) Egg Mayonnaise Bap (G.E)

Choose a main meal

(h) British Beef Bolognaise served with Garlic Bread (G/ cheese D) (vg) Plant Power Hotdog served with

Herby Diced Potatoes (G) Jacket Potato - (v) Cheese (D).

Tuna (F.E) or (vg) Baked Beans Tuna Mayonnaise Bap (F.E.G)

MONDAY

On the side

Fresh Salad Bar Vegetables of the Day

For dessert

(v)(h) Crunch Cookie (G) (v) Yoghurt (D.SB) Fresh Fruit

TUESDAY

On the side

Vegetables of the Day

Choose a main meal WEDNESDAY ROAST British Roast Pork Slice, Apple Sauce and

(vg) Classic Quorn Roast with Gravy (G) Crispy Roast Potatoes

Jacket Potato - (v) Cheese (D). Tuna (F.E) or (vg) Baked Beans

British Roast Chicken Bap (G)

Choose a main meal...

Beef Burger in a Bun served with Crispy Diced Potatoes (G.SB.SU)

(vg)(h) Chunky Vegetable Curry served with Rice

Jacket Potato - (v) Cheese (D). Tuna (F.E) or (vg) Baked Beans

(v) Cheddar Cheese Bap (G.D)

Choose a main meal... FISHY FRIDAY (msc) Fish Fillet Fingers (G.F) served with Chipped Potatoes

(v)(h) Tomato Pasta Bake served with Freshly Baked Malted Wheat Baquette (G.D)

Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans British Ham Bap (G)

Fresh Salad Bar

For dessert...

(v)(h) Lemon / Orange Drizzle Cake (G.E) (v) Yoghurt (D.SB) Fresh Fruit

WEDNESDAY

On the side... Fresh Salad Bar Vegetables of the Day

For dessert...

(v) Strawberry Whip with Fruit (D) (v) Yoghurt (D.SB) Fresh Fruit

**THURSDAY** 

Vegetables of the Day

On the side... Fresh Salad Bar

For dessert...

(v)(h)Chocolate Frosted Sponge (G.E.D) (v) Yoghurt (D.SB) Fresh Fruit

FRIDAY

On the side...

Fresh Salad Bar Peas or Baked Beans

For dessert... (v) Ice Cream (D)

(v) Yoghurt (D.SB) Fresh Fruit

British Ham Bap (G)

G = Gluten / Wheat F = Fish





Please contact your school cook for information regarding the content of dishes and products on our menu

Fruit Cordial or Fruity Water from the Hydration Station, (v) Semi Skimmed Milk & (vg) Homemade Fresh Bread are also offered daily

ALLERGEN KEY Vg = Vegan V = Vegetarian

M = Mustard E = Egg SU = Sulphites SB = Sova



# OUR TINGREDIENTS

### IT ALL BEGINS WITH OUR PASSION FOR FANTASTIC FOOD!

When we source our ingredients, we seek out trusted suppliers to provide the freshest, most nutritious and highest quality produce possible.

Our suppliers put sustainability, animal welfare and ethical trading at the heart of their businesses. As a result, we know with confidence, the food we serve is wholesome, safe and fully traceable.



### PROMOTIONS

LOOK OUT FOR OUR CALENDAR OF EXCITING THEMED MENUS AND PROMOTIONS INCLUDING:

15th May Census Day

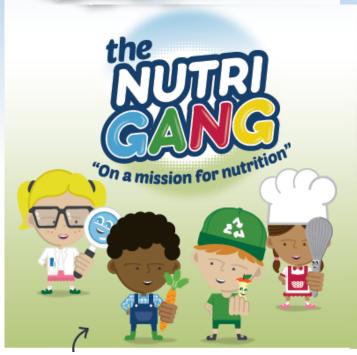
6th June Fathers Day

13th June D-Day

July Wimbledon

Summer Picnics

Please note not all schools participate in all themed events check with your child's school for more details...



## TOP 5 facts about our lunch.

### Fact 1

We are the school meal specialists serving over 130,000 meals every week.

### Fact 2

At least 75% of our menu is freshly prepared everyday by our professional kitchen teams.

### Fact 3

All our staff are trained in allergy awareness to provide menu advice and support for customers with food allergies and intolerances.

### Fact 4

We work with NHS dietetics teams across the region to support customers with special dietary needs.

### Fact 5

Most importantly, we love what we do and we are always on a mission to create fun at lunchtime.

### Join our TEAM

### Are you passionate about food?

Could you help us serve healthy lunches to local schoolchildren?

Would you like to work school hours, term time only?

Then why not join one of our friendly school based teams? Full training package offered with opportunities for career progression.

Find us on Facebook at Educaterers Join Our Team or via the link on our website.



Find out more about Saffron, Iris, Reece and Doug, our NUTRIGANG at www.educaterers.co.uk



www.educaterers.co.uk Email: contactusDeducaterers.co.uk

Menu may change to meet customer prefer-

